**WYEE PUBLIC SCHOOL**
Quality Learning, Respectful and Responsible Living

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**Zone Cross Country**

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**News and Views**

**Great Work**

Last week I had the opportunity to visit 1K who were working well on their ‘sentence of the day’, I also visited 6S to have a look at their rainforest butterfly art and I spent some time in 5C where we worked on Spelling Mastery. During Parliament this week the students put forward some valuable suggestions to make our school a better place. I also had some students visit to show me what they have been working on in class. Jorja 2/3W shared her exposition on ‘Girls are better than boys’ and Oliver, Seth, Marlee and Jordan K/1H visited to show me how well they are reading. Congratulations to Hayley and Skye who were both awarded bronze medals in their gymnastics competition during the holidays. Well done guys, keep up the great work

**Mother’s Day Stall**

Our Mother’s Day Stall will be held on Thursday 9th May and gifts will be priced between 50c and $10.

**Senior Girls Netball**

Our Senior Girls netball Team will play against Belbird P.S. at Wyee, 12:00noon on Monday 20 May. Thanks to Mrs Weekes for coordinating our involvement.
**NAPLAN 2013**
The NAPLAN tests for Years 3 and 5 will take place in week 3. If you have a student in Year 3 or Year 5 please ensure they are at school on time on Tuesday 14 May, Wednesday 15 May and Thursday 16 May.

**14 May**
- Language 9:30am – 10:10am (test time 40 min)
- Writing 10:40pm – 11:20pm (test time 40 min)

**15 May**
- Reading 9:30am – 10:20am (test time 50 min – Yr 3)
- Reading 10:30am – 11:20am (test time 50 min – Yr 5)

**16 May**
- Numeracy 9:30am – 10:20am (test time 50 min – Yr 3 and Yr 5)

**17 May**
- Catch up testing day.

**Boys Cricket**
Our Boys Cricket Team are playing in the second round against Morisset P.S. at Wyee oval on Friday 17 May. Good luck boys, have a great time and do your best. Thank you to Mr Taylor for organising our involvement.

Have a great week
Adam Boulus
Principal

**Zone Cross Country**
Congratulations to all the students who participated in the Zone Cross Country on Friday. I was so proud of the enthusiasm everyone showed and the determination to keep going even when it was hard! A HUGE congratulations to Kaiyah, Kurt and Zahn who have all made it to regional level. Good luck to you all! A big thank you to all the parents who were able to encourage the students, and supervise them, while I was on duty on the course. A very special thank you to Sharon McNaught who took on the role of team manager on the day: marking students off as they arrived and departed, collecting money and recording results. Thank you, thank you, thank you!

Lyndal Coleman

**Seasons for Growth in Term 2.**
Change and loss are issues that affect all of us at some stage in our lives. At Wyee Public School, we recognise that when chances occur in families through death, significant illness, separation, divorce or related circumstances, young people may benefit from learning how to manage these changes effectively. We are therefore offering a very successful education program called Seasons for Growth. This program is facilitated in small groups and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self esteem, managing feelings, problem solving, decision making, effective communication and support networks. Seasons is not a counselling program, but uses a wide range of creative activities to help children to learn how to manage well in times of change. It will be facilitated by me, Hannah Baker, the school chaplain, I have received special training in the use of this program. There is no religious content in the program.

In Term 2, Seasons For Growth will be provided for students in Year 1 or 2, commencing on 20th of May for 8 weeks. If you think your son or daughter would benefit from Seasons for Growth, we would encourage you to talk to him/her about participating in this program. If he/she decides to participate, please contact me through the school office on Mondays or by email Hannah.baker16@det.nsw.edu.au. Please also feel free to contact me if your child is not in Yr 1 or 2 but you feel they would benefit from this program, as we aim to provide it for older children later in the year. There will be an information session for parents of children attending the program prior to it’s commencement.

As always, feel free to approach me if you or your family would like support in anyway!

Thanks, and welcome back to term 2!
Hannah Baker
School Chaplain.
### L.A.S.T News—By Lee Sharpe

**Friendships**

This month I would like to look at friendships. What is a friendship? For me it means spending quality time together, sharing ideas, having fun, respecting each other’s differences, being loyal and caring for each other’s safety and wellbeing. We all know that some friendships are not easy. We all have different points of views and ideas, but if the friendship is worth saving, we know we can work on the skills to keep that friendship going. Some children find making friends and keeping them extremely difficult. As parents and teachers this can be heartbreaking to witness. What we can do to help them is listen to them talk about the everyday joys and troubles that arise out of their friendships. Asking what might have led to other’s reactions can help them, with your assistance; you can try to come up with possible solutions. Below is some interesting information regarding Friendships and strategies we can use to support our children.

#### Helping kids with the ups and downs of friendships

It is not always easy for children to know how to manage friendships. Problems with friends can affect how children feel about themselves and their enthusiasm for activities that involve others. Parents and carers can help children learn the kinds of friendship skills they will need as they grow and develop.

Learning how to make and keep friends involves a number of skills. Children learn more and more complex social skills from those around them as they develop.

Home life has an effect on the development of social skills. A child who has an adoring little sister is likely to have more skills of leadership. A child who is the little sister may be more used to fitting in with what others want to do. These children are likely to react differently when they go to school and meet other children with different life experiences and different social skills.

#### Try a problem solving approach

When problems arise in friendships it is important not to blame children but to show them how to find a solution. A problem solving approach is often helpful.

1. Encourage the child to describe what has happened
2. Ask about how they felt
3. Ask them how they think the other person might see it and how they might be feeling
4. Get them to think of ways they could do things differently next time
5. Encourage them to try the new approach – get them to practise with you so they feel more confident
6. Check back with your child to see how things turned out.

#### Awards

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